This four-session workshop is designed to help participants be self-reflective about how our behaviors have been influenced and shaped, and to develop the skills required to interrupt old behavior patterns and inequitable practices. We will explore how limited access has and continues to exclude some people from our institutions. We will learn how to build trust and clear communication with others, and understand the role our behavior style plays in how we interact.

Who Should Attend?
This is a foundational course for leaders, managers, team leads, consultants, and all professionals who want to:
- Gain strategies to understand and leverage diversity.
- Promote and lead an increasingly diverse workforce, customer and client base.
- Create an inclusive environment where everyone within the organization can thrive.

Program Outcomes
At the completion of this workshop, participants should be able to:
- Understand the business case for and commitment to diversity, equity, and inclusion in the workplace.
- Define diversity and inclusion and recognize how culture impacts our perceptions, beliefs, behaviors, and responses.
- Clarify the difference between personality and behavior and identify behavior style preferences.
- Differentiate the characteristics and tendencies of each pattern of behavior.
- Apply the new understanding about behavioral styles, unconscious bias, and discrimination to develop best practices and techniques for improving day-to-day interactions.
- Adopt and commit to modeling behaviors and practices that support high-quality inclusionary engagement throughout the organization.

Developed and Facilitated By:
Carrie Spell-Hansson
Carrie is The Folke Institute’s CEO and a seasoned organizational and human development professional with more than three decades of experience. She has extensive experience as an SME (subject matter expert) in diversity and inclusion and is a recognized expert in designing and implementing organization-wide diversity change initiatives. Carrie is committed to providing individuals and organizations with the tools they need to thrive and grow in the increasingly diverse and competitive domestic and global marketplace.

George Myers
An expert facilitator with over 35 years of organizational experience, George brings extensive knowledge, energy and a keen sense of humor to his work and role as president of Effectiveness Institute. Through his international work with numerous organizations of all sizes in every industry, George has gained a broad understanding of the challenges facing leaders, teams and organizations. His passion for effective leadership and teamwork continues to inspire and help individuals and organizations reach higher levels of performance.