# People Skills

**People Skills helps create effective communication in the workplace, leading to increased employee engagement and productivity.**

> "There are programs that analyze personality traits, but I particularly like People Skills because it gave me insight into my own behavior style and how to interact more effectively with others, both personally and professionally."
>
> BECKY WILKEN, BANK MIDWEST

## Purpose

People Skills focuses on ways to build trust and respect in the workplace, which is vital for creating a culture where productivity is at its highest and clients experience excellence.

## Description

People Skills raises awareness of our own behavior, its impact on the people around us, and the strengths of others. It also builds the skills required to make an impact on others that increases trust and respect.

## Program Outcomes

- Complete an assessment to identify your Behavior Style
- Gain awareness and identify the core needs of the four Behavior Styles
- Develop skills to change behavior to build positive influence
- Understand the difference between behavior and personality and how behavior changes situationally
- Learn the potential difference between your intent and your impact
- Discover options to manage tension-reaction behavior

## Key Component

The Behavior Styles Assessment is an online tool that identifies your Behavior Style and helps you better understand the four Behavior Styles. It also reveals how your Behavior Style can positively or negatively impact relationships with colleagues, leaders and clients.

## Recommended for

All

## Duration of Program

People Skills can be delivered as a full two-day program, two separate one-day programs, or in four half-day modules to meet your scheduling needs

**Contact Effectiveness Institute now.**

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